



Joining together in
strengthening and supporting communities
through recreational music making

MUSIC, ART & GAMES FOR BRAIN HEALTH

JOIN US

Studies show that playing games, instruments, and reading books can help preserve brain function. Being social can make life more satisfying and preserve mental function.

DONATIONS ARE APPRECIATED BUT NOT NECESSARY



When - Every Sunday from 2-4pm

1st Sunday 2-3 pm - Clavinova Connection

2nd Sunday 2-3 pm - HealthRHYTHMS

3rd Sunday 2-3 pm - Music Appreciation/Opportunity to interact with the musician

4th Sunday 2-3 pm - Conversations with the public library and local bookstores

These activities are followed each Sunday with art activities and board games from 3 pm-4 pm

Reserve Your Spot

email support@musicandwellness.net
or call 513-315-7393

Located At

Cincinnati Music & Wellness Coalition
110 Compton Road, Cincinnati, OH 45215