



Joining together in  
strengthening and supporting communities  
through recreational music making

# 13th Annual Music & Medicine Conference

September 26, 2025

## OPTION A Music & Wellness Center

**8:30 - 8:45 am Welcome**

**8:45 - 9:45 am The inclusionary school orchestra: a longitudinal assessment of children with disabilities (new research)**

Barry Bittman MD

**9:45 - 10 am - Break**

**10 - 11 am Cincinnati Music Resources**

Panel: Brian Shepard (MTNA), Natasha Naik (Cincinnati Song Initiative) Shonda Malik (Music Therapy Care, LLC)

**11 - 11:30 am - Sound Meditation for Deep Relaxation and Inner Awareness**

Sonya Verma

**11:30 - 12:15 pm - Experience Clavinova Connection**

Jim Waddle/Barry Bittman, MD

**12:15 - 1:15 pm - Lunch**

**1:15 - 2:15 The Importance of Data**

Robert Graham, PhD, Melinda Butsch Kovacic, PhD, and Brenda Ely, MS, MA

**2:15 - 2:30 pm - Break**

**2:30 - 3:30 pm - HealthRHYTHMS Interactive - Aging/children & youth/special populations**

Coalition Facilitators

**3:30 - 3:45 pm - Evaluations**

## OPTION B Schriever Hall

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**12:00 - 1:00 pm - Lunch**

**1:00 - 1:30 pm - Sound Meditation for Deep Relaxation and Inner Awareness**

Sonya Verma

**1:30 - 2:15 Musical Awe and Cognitive Reserve**

Rhonna Shatz, MD/Stefan Fiol UCCOM and CCM (pre-recorded) with one presenter on zoom for Q&A

**2:15 - 2:30 pm - Break**

**2:30 - 3:30 pm - HealthRHYTHMS Interactive - Aging/children & youth/special populations**

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